



RECRUITMENT PACK

**HEALTH & FAMILY
ENGAGEMENT OFFICER**

CHARITY NUMBER: 1175899

THANK YOU FOR YOUR INTEREST IN THIS ROLE.
ENCLOSED WITHIN THIS PACK IS ALL OF THE
INFORMATION REQUIRED TO ASSIST YOU IN YOUR
APPLICATION.

WHO WE ARE

Move More is an innovative, vibrant organisation; we pride ourselves on being able to make a positive difference to the lives of children and their families through sport and physical activity.

Originally a School Sport Network, we have an established understanding of the impact sport and physical activity can have on young people. Now, as an independent charity we remain committed to supporting primary, secondary and special schools whilst extending our reach into the community.

OUR VALUES

Innovative – We are creative, forward-thinking and not afraid to try something new

Open – We foster a culture that is inclusive and welcome new partnerships

Quality – We are committed to achieving positive outcomes and impact for children

Responsive - We listen and make changes based on need and insight

Fun – We enjoy what we do and ensure we create a positive, happy experience for everyone

WHY WORK WITH US

At Move More we have a real team ethos. The skill set of each member of staff is greatly valued and everyone has the opportunity to contribute to the development of the charity.

We are looking for a committed individual, with a passion for making a positive impact on children's lives, to join our growing team.

We can provide you with an exciting opportunity to work in a stimulating, varied environment, where no day will ever be the same! You will be part of an innovative new programme which aims to make families more active and eat healthier.

JOB INFORMATION

Post: Health and Family Engagement Officer

Salary: Grade I - J

Grade I - £24,964 - £31,601 (pro rata £10,639 - £13,468)

Grade J - £30,153 - £37,306 (pro rata £12,850 - £15,899)

Hours: Part time & term time only, 20 hours per week, 39 weeks per year

Contract length: Fixed term contract, up until 31st Aug 2020 - extension subject to funding

Reports to: Deputy CEO

JOB DESCRIPTION

PURPOSE

- To make a sustainable impact on children's lives and actually change behaviour in terms of health, lifestyle, diet and enjoyment of physical activity, engaging directly with parents, carers and family units including those most hard to reach.
- To work closely with primary school staff, to enhance and expand their health and family liaison work, using general, specific and targeted interventions.
- As a physical activity advocate, you will provide an intensive, high quality advocacy service for schools and their families that supports the drive for transformational change to behaviours amongst families. You will play a prominent role in advocating for families, this may include ensuring they are signposted to effective support and empowering them to become more aware of healthier behaviours and choices, including physical activity, in their day to day lives.

MAIN DUTIES

- General family support and awareness raising—in terms of diet, physical activity and offering fun, family based challenges.
- Working with primary school personnel and other agencies, to ensure there is a well rounded, joined up, approach to support families, as well as any identified families.
- Sharing, signposting and supporting families and other personnel on how physical activity can be brought into the family unit, what it looks like, how to make it enjoyable, sustaining motivation and offering bespoke advice.
- Identifying families' needs, devising, delivering and reviewing shared, agreed, personal outcomes (where appropriate), enabling the child / young person, as well as their families, to increase their physical activity engagement and enjoyment on a regular basis.
- To support families in making healthy choices around diet in a practical way within the home. Giving families the knowledge and confidence to prepare healthy and tasty meals within the constraints of the family's food budget.
- To educate groups of families in how to prepare healthy, nutritious meals and deliver healthy eating workshops to children and their parents.
- To support the school in other, health related programmes i.e. real Play, Health Passports.
- Possible lead of overall health programme, including associated staff, thus contributing to the Move More senior leadership team.

The above is a sample of the functions and is not an exhaustive list and therefore the ability to adapt as the role develops is crucial.

PERSON SPECIFICATION

KNOWLEDGE AND UNDERSTANDING

- Sound knowledge and understanding of child development, with the ability to assess and identify need and provide support and/or refer as appropriate, in order to meet the individual needs of children and their families to achieve positive healthier outcomes.
- Good working knowledge of safeguarding protocols, health and safety legislation and risk assessment and how they are applied in practice.
- Good knowledge of what constitutes a healthy balanced diet and how to prepare healthy balanced meals and snacks.
- Knowledge and understanding of the current food hygiene and standards guidelines.
- A clear vision and understanding of the positive role of physical activity, PE and school sport in the lives and learning behaviours for young people.
- Knowledge of disability sport and inclusion strategies to promote the involvement in physical activity, PE and sport to all.
- An up to date understanding of the current school sport landscape, health, obesity and mental wellbeing national concerns.

EXPERIENCE

- Experience of delivering services to children, young people and families within schools and outreach, across a range of venues and within the homes of families most in need.
- Experience of brokering support from external agencies in order to support a whole family.
- Experience in developing innovative and informed solutions to the challenges faced by others, as well as support the ongoing motivation to sustain healthier lifestyle habits
- Experience of working across a range of different sports and physical activity areas.
- Experience of working in providing early intervention for families including those most disadvantaged, isolated or in need.
- Possible experience within the following fields: Caseworker, Advocacy, Vulnerable People, Family Intervention, Family Engagement Worker, Social Worker, Community Support.

SKILLS AND ATTRIBUTES

- Highly motivated, able to demonstrate excellent communication and inter-personal skills that can be adapted to best suit a range of needs and audiences.
- Excellent organisational and time management skills including the ability to prioritise, work under pressure and meet deadlines while managing any conflicting priorities.
- The capacity to manage a large work load and meet deadlines.
- An ability to work in partnership, delivering high quality, front line services that are flexible and responsive to need and change.
- Creative and innovative in overcoming barriers for positive change.
- The ability to create and lead on positive working relationships with a large range of professionals, organisations, families and individuals.
- Leadership ability to work within cohesive and supportive teams, as well as independently.
- The ability to demonstrate the desire and passion to make a real difference to the lives and life-chances of children and young people, linking their school with their families
- Proficient user of databases and Microsoft Office packages.

QUALIFICATIONS

- A qualification in health, education, childcare, social care or equivalent.
- Current and full UK driving license (use of own car essential).
- Evidence of professional development relevant to the role.

This post will require a current, fully enhanced DBS certificate.

TO APPLY

Please apply using the official application form.
Applications submitted any other way and CVs will not be considered.

All applications should be sent to: Jeanette Quinn (Deputy CEO)
jeanette@move-more.org

For more information, or an informal conversation about the position, please contact Jeanette Quinn on 01242 711326

TIMELINE

Closing date: Midnight 6th November 2019
Interviews taking place: w/c 18th November 2019

TO FIND OUT MORE ABOUT US GO TO:
MOVE-MORE.ORG