



# RECRUITMENT PACK

**MULTI SPORT & HEALTH COACH**

CHARITY NUMBER: 1175899

THANK YOU FOR YOUR INTEREST IN THIS ROLE.  
ENCLOSED WITHIN THIS PACK IS ALL OF THE  
INFORMATION REQUIRED TO ASSIST YOU IN YOUR  
APPLICATION.

## WHO WE ARE

Move More is an innovative, vibrant organisation; we pride ourselves on being able to make a positive difference to the lives of children and their families through sport and physical activity.

Originally a School Sport Network, we have an established understanding of the impact sport and physical activity can have on young people. Now, as an independent charity we remain committed to supporting primary, secondary and special schools whilst extending our reach into the community.

## OUR VALUES

**Innovative** – We are creative, forward-thinking and not afraid to try something new

**Open** – We foster a culture that is inclusive and welcome new partnerships

**Quality** – We are committed to achieving positive outcomes and impact for children

**Responsive** - We listen and make changes based on need and insight

**Fun** – We enjoy what we do and ensure we create a positive, happy experience for everyone

## WHY WORK WITH US

At Move More we have a real team ethos. The skill set of each member of staff is greatly valued and everyone has the opportunity to contribute to the development of the charity.

We are looking for an experienced coach who is innovative and ready to make a positive impact.

We can provide you with an exciting opportunity to work in an outreach position with primary schools throughout Cheltenham, Tewkesbury and the surrounding areas. You will be able to share your expertise with others, whilst providing fun, engaging physical activity opportunities for children.

# JOB INFORMATION

**Post:** Multi Sport & Health Coach

**Salary:** £17,772 £24,174 (Dependent on qualifications & experience)

**Hours:** Full-time, 37.5 hours per week

**Reports to:** Head of Education

# JOB DESCRIPTION

## PURPOSE

- To work closely with primary school staff, to make a sustainable impact on all children's lives and actually change behaviour, in terms of engagement in sport and physical activity, healthy lifestyle choices and enjoyment of physical activity.

## MAIN DUTIES

- To plan, organise and deliver high quality sports coaching sessions at primary schools in various forms (ie. PE lessons, lunchtime clubs, after school clubs).
- To deliver high quality PE lessons within primary schools whilst upskilling teachers and teaching assistants responsible for the class (Teacher CPD in PE).
- To support & lead the delivery of primary gifted and talented, SEND and physical activity programmes including Maximise Your Potential & Sportsability.
- To support lunchtime and after school activities, family based health work and intervention programmes to enhance the pupils' awareness, knowledge and choices to further improve and sustain their overall health and wellbeing.
- To set up and facilitate age appropriate, health awareness lessons (theoretical and practical based), delivering messages around benefits of: physical activity, healthy eating and drinking, sleeping and wellbeing, plus, specific interventions for identified children i.e. those most at risk of disengaging from physical activity, being or becoming obese and / or sedentary.
- To support schools in other health-related programmes i.e. real Play
- To train junior sports leaders within primary schools at KS1 and KS2.
- To support centrally run, large scale events & primary sports festivals.
- To be a Camp Leader and deliverer on holiday camps.
- To mentor less experienced members of the coaching team throughout their development at Move More, helping to create a more knowledgeable and confident team of delivery staff.
- To support and help deliver Move More's vision and organisational goals.
- To actively promote the work and public image of the charity, by always maintaining high standards of personal appearance and adopting a friendly, professional approach to the public.
- To undertake other duties, as specified by the Head of Education or a member of the Senior Management, which are appropriate to the level and general responsibilities of the post.

The above is a sample of the functions and is not an exhaustive list and therefore the ability to adapt as the role develops is crucial.

# PERSON SPECIFICATION

## KNOWLEDGE AND UNDERSTANDING

- A clear vision and understanding of the positive role of physical activity, PE and school sport in the healthy lives for young people.
- A confident and proficient sports coach within many different sports/activities.
- Sound knowledge and understanding of child development, health factors and how to share key, child centred messages through fun and engaging programmes.
- Knowledge of disability sport and inclusion strategies to promote the involvement in physical activity, PE and sport to all.
- An up to date understanding of the current school sport landscape, health, obesity and wellbeing national concerns.

## EXPERIENCE

- Extensive experience of working with primary aged children e.g. within curriculum PE lessons, after school clubs, holiday camps.
- Experience of working across a range of different sports and physical activity.
- Experience of developing and delivering health messages and programmes to children and young people within schools.
- Experience in developing innovative and informed solutions to the challenges faced by pupils, as well as supporting the ongoing motivation to sustain healthier lifestyle habits.

## QUALIFICATIONS

- A Minimum Level 2 NGB Coaching Award and a number of Level 1 NGB awards.
- A sports related degree or teaching qualification would be preferable.
- Possible courses attended e.g. Safeguarding & Child Protection, Pediatric First Aid.
- Evidence of professional development relevant to the role.
- Current driving license (use of own transport essential).

## SKILLS AND ATTRIBUTES

- Have a passion for the job, for working with mainly primary aged children and a drive for excellence.
- Highly motivated, able to demonstrate excellent communication and interpersonal skills that can be adapted to best suit a range of needs and audiences.
- Strong organisational skills with the ability to prioritise and meet conflicting deadlines
- To be flexible, creative and innovative in overcoming barriers for positive change.
- The ability to create positive working relationships with a large range of professionals, organisations & individuals.
- The ability to work independently or as part of a team.
- An ability to work in partnership, delivering high quality, front line services that are flexible and responsive to need and change.
- The ability to demonstrate the desire and passion to make a real difference to the lives and life-chances of children and young people, linking their school with their families.
- Proficient user of databases and Microsoft Office packages.
- Willingness to take on coaching based projects as they arise throughout the year.

*This post will require a current, fully enhanced DBS certificate.*

# TO APPLY

Please apply using the official application form.  
CVs will not be considered.

Please download an application form from:  
[www.move-more.org/get-involved/work-for-us/](http://www.move-more.org/get-involved/work-for-us/)

Please return applications to Natalie Bull (Head of Education)  
natalie@move-more.org or via post to: Move More, All Saints Academy,  
Blaisdon Way, Cheltenham, GL51 0WH

## TIMELINE

Closing date: Midday 9th December 2020  
Interviews: 11th December 2020

TO FIND OUT MORE ABOUT US GO TO:  
[MOVE-MORE.ORG](http://MOVE-MORE.ORG)