

# RECRUITMENT PACK

LEVEL 2 COMMUNITY ACTIVATOR COACH STANDARD APPRENTICESHIP

CHARITY NUMBER: 1175899

## WHO WE ARE

Move More is an innovative, vibrant organisation; we pride ourselves on being able to make a positive difference to the lives of children and their families through sport and physical activity. Our vision is 'Every Child Active' as we want all children to experience the physical and mental benefits of a physically active lifestyle.

We are a Charitable Incorporated Organisation (CIO) that works across Cheltenham and Tewkesbury and wider across Gloucestershire and South Worcestershire. The organisation has gone through a period of growth over the past 5 years and in a typical year would work with 23,000 children and over 700 teachers.

### WHAT WE DO

#### **EDUCATION & SUPPORT**

Our qualified teachers and coaches provide professional development opportunities through conferences, teacher training, school inset days, team teaching and showcasing best practice. This enables professionals to feel confident delivering high quality physical activity, PE and school sport.

#### PARTICIPATION

We pride ourselves on offering a breadth of opportunities for every child. We engage children with different abilities, motivations and backgrounds, inclusive of those with specific needs, disabilities or sedentary behaviours. Through our festivals and competitions, extra-curricular provision and holiday camps we provide children with the opportunity to be active outside of the school environment

#### **HEALTH & FAMILIES**

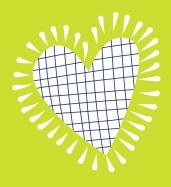
We use physical activity to achieve wider health outcomes for children and their families. We work with individual children and small groups, to improve knowledge, understanding, motivation and confidence, helping them make healthier life choices. Our work with families supports parents and carers, giving advice, skills and opportunities to enhance physical activity, diet and wider areas such as sleep, screen time and mental wellbeing.

## OUR VALUES

Innovative – We are creative, forward-thinking and not afraid to try something new Open – We foster a culture that is inclusive and welcome new partnerships Quality – We are committed to achieving positive outcomes and impact for children Responsive - We listen and make changes based on need and insight Fun – We enjoy what we do and ensure we create a positive, happy experience for everyone

# THE CHALLENGE

Across Cheltenham and Tewkesbury less than **1 in 5** children are achieving the Chief Medical Officer guidelines of 60+ minutes of physical activity every day.



Within England, Cheltenham and Tewkesbury are ranked **130** and **97** respectively, for children achieving 60 active minutes each day (out of a 269 local authorities where data was available).

Ref: Sport England Active Lives Survey Children & Young People



Almost **1 in 4** children across Gloucestershire are classified as overweight or obese.

The most deprived areas of Cheltenham have some of the highest obesity rates across the county. In one area, over **1/3** of year 6 children are overweight (38%).

Across Cheltenham and Tewkesbury, **obesity** levels vary from 4.5% of children in reception, through to 23.2% in year 6. Ref: NCMP dataset

1 **in 18** preschool children have a mental health condition

**1 in 8** young people aged 5-19 have a mental health condition

Emotional health issues' in children aged 5-15 are increasing Ref: NHS Digital & Government Statistical Service





# JOB INFORMATION

Post: Level 2 Community Activator Coach Standard Apprentice.
Salary: £4.81 per hour.
Hours: 30 hours per week.
Reports to: Senior PE Specialist, Deputy CEO.
Contract: Fixed term (14 months)

We are seeking to recruit enthusiastic and passionate apprentices to join our current delivery team of teachers and experienced coaches at Move More. This is an exciting opportunity for the right candidates to begin a career in physical education and school sport; gaining qualifications and practical experience within schools.

We are looking for people that share Move More's values and goals, to help us grow and prosper, to make a positive contribution to children's health and wellbeing across Cheltenham, Tewkesbury and wider across Gloucestershire and South Worcestershire.

### JOB DESCRIPTION PURPOSE

• To improve children's experience and knowledge of health, physical activity, sport and physical education by supporting the delivery of PE and school sport.

#### MAIN DUTIES

- Assisting in the creation of a fun, positive, safe and inclusive learning environments.
- Supporting small groups and individuals in the teaching environment, for instance those with learning, physical or health plans, the least active or more able pupils.
- Promoting key health messages and acting as a community 'activator' to engage young people in developing lifelong healthy, active lifestyles.
- Setting up activities, clearing away resources, looking after all sports equipment (ensuring it is fit for use, in the right place and in good order), maintaining wall displays etc. as guided by teaching staff.
- Developing and assisting with the provision of lunchtime and after school sports clubs.
- Supporting the co-ordination of sporting events, willing to accompany students on educational visits, outings and sporting / PE events as supervised by the teacher or senior person responsible.
- Assisting with the organisation and delivery of various events across primary, secondary & special schools, including fixtures and inter-house competitions and events.
- Working alongside the coaching team to deliver high quality sessions in primary schools.
- To deliver on the Move More holiday schemes to primary aged pupils. #
- Assist the delivery of a variety of activities on Move More camps, helping to foster a fun and active environment.
- To deliver on the Move More Maximise your potential and Sportsability programmes.
- To assist in the office with general administrative tasks, as well as keeping equipment and resources in good order.
- Additional duties and administrative tasks may be required on occasions as consummate with the role.

# PERSONAL SPECIFICATION

#### KNOWLEDGE AND UNDERSTANDING

- A vision of how physical activity, PE and school sport positively impact the development of healthy lives for young people.
- An aspiring sports coach willing to engage in many different sports/activities.
- A vision of how to engage children in physical activity through fun and engaging programmes.
- A desire to promote involvement in physical activity, PE and sport to all children.

#### EXPERIENCE

- Experience of playing, coaching or officiating sport within a school or club environment.
- Experience of coaching/volunteering within school or club settings (desirable).
- Experience of working/volunteering with primary aged children (desirable).

#### QUALIFICATIONS

- Level 4/C in GCSE English and Maths or Functional Skills Level 2 (essential).
- GCSE, BTEC or A level qualifications in Physical Education or similar subject areas (desirable).
- Current, valid UK driving license (desirable) or ability to travel across Cheltenham and Tewkesbury (essential).

#### SKILLS AND ATTRIBUTES

- Have a passion for the job, for working with primary aged children and a drive for self improvement.
- Highly motivated and able to demonstrate communication and interpersonal skills.
- Developing organisational skills with the ability to show punctuality and meet deadlines.
- The ability to create positive working relationships with children, school staff and members of the Move More team.
- The ability to work as part of a team, taking direction from Move More or school staff.
- The ability to demonstrate the desire and passion to make a real difference to the lives and life-chances of children and young people.

### HOW DO I APPLY?

TO APPLY, PLEASE DOWNLOAD A MOVE MORE APPLICATION FORM FROM: WWW.MOVE-MORE.ORG/GET-INVOLVED/VACANCIES

PLEASE NOTE ONLY COMPLETED APPLICATION FORMS WILL BE ACCEPTED (NOT CV'S).

PLEASE SEND YOUR COMPLETED APPLICATION FORM (OR ANY QUERIES REGARDING THIS ROLE) TO:

SAM ROWSON, SENIOR PE SPECIALIST - SAMROWSON@MOVE-MORE.ORG