



# RECRUITMENT PACK

**COMMUNITY COACH**

CHARITY NUMBER: 1175899

# WHO WE ARE

Move More is an innovative, vibrant organisation; we pride ourselves on being able to make a positive difference to the lives of children and their families through sport and physical activity. Our vision is 'Every Child Active' as we want all children to experience the physical and mental benefits of a physically active lifestyle.

We are a Charitable Incorporated Organisation (CIO) that works across Cheltenham and Tewkesbury and wider across Gloucestershire and South Worcestershire. The organisation has gone through a period of growth over the past 5 years and in a typical year would work with 23,000 children and over 700 teachers.

# WHAT WE DO

## EDUCATION & SUPPORT

Our qualified teachers and coaches provide professional development opportunities through conferences, teacher training, school inset days, team teaching and showcasing best practice. This enables professionals to feel confident delivering high quality physical activity, PE and school sport.

## PARTICIPATION

We pride ourselves on offering a breadth of opportunities for every child. We engage children with different abilities, motivations and backgrounds, inclusive of those with specific needs, disabilities or sedentary behaviours. Through our festivals and competitions, extra-curricular provision and holiday camps we provide children with the opportunity to be active outside of the school environment

## HEALTH & FAMILIES

We use physical activity to achieve wider health outcomes for children and their families. We work with individual children and small groups, to improve knowledge, understanding, motivation and confidence, helping them make healthier life choices. Our work with families supports parents and carers, giving advice, skills and opportunities to enhance physical activity, diet and wider areas such as sleep, screen time and mental wellbeing.

# OUR VALUES

**Innovative** – We are creative, forward-thinking and not afraid to try something new

**Open** – We foster a culture that is inclusive and welcome new partnerships

**Quality** – We are committed to achieving positive outcomes and impact for children

**Responsive** - We listen and make changes based on need and insight

**Fun** – We enjoy what we do and ensure we create a positive, happy experience for everyone

# THE CHALLENGE

Activity levels amongst children and young people in Cheltenham and Tewkesbury have increased over the past 12 months with 51.4% now achieving the Chief Medical Officer guidelines of 60+ minutes of physical activity every day.



**However, look closer and you will see that 1 in 4** children and young people across Cheltenham and Tewkesbury still do less than 30 minutes of physical activity everyday.



Children and young people from the most deprived areas in Cheltenham and Tewkesbury are twice as likely to be classified as overweight or obese when compared to those from the least deprived areas.



The prevalence of overweight (including obesity) children across Cheltenham and Tewkesbury increases from reception (23.3%) to Year 6 (31.2%).



Participation levels in children with vulnerable characteristics (reporting a disability; known to social care; identifying as LGBTQ+; experiencing serious bullying; Young carers; SEN/EHCP) are lower than overall participation levels.



Disabled children and young people and those who live in the most deprived areas of Gloucestershire have significantly lower levels of exercise when compared to their non-disabled and more affluent peers.

The most common reasons for not exercising given by children and young people are that they are not good at it; do not have time; expense and poor facilities.

# JOB INFORMATION

**Post:** Community Coach

**Salary:** £20,661-26,822

**Hours:** Full-time, 37.5 hours per week / Part time hours also considered

**Reports to:** Physical Activity & Health Manager

We are seeking to recruit an exceptional physical activity deliverer to join our current team of teachers and experienced coaches at Move More. This is an exciting new opportunity for the right candidate which will build on and expand our current provision within a variety of community settings. We are looking for people that share Move More's values and goals, to help us grow and prosper, to make a positive contribution to children's health and wellbeing across Cheltenham, Tewkesbury and wider across Gloucestershire and South Worcestershire.

## JOB DESCRIPTION

### PURPOSE

To have a positive impact on children through the delivery of a range of high quality, community based initiatives within a variety of different settings.

### MAIN DUTIES

- Plan, organise and deliver high quality activity sessions at a variety of different community settings and age ranges (2-18 years).
- Deliver specific interventions for identified children i.e. those most at risk of disengaging from physical activity, being or becoming obese, diversionary activities etc.
- Support the Education team with delivery in schools where necessary.
- Work with a range of partners within the delivery of community provision.
- Deliver the balanceability learn to cycle programme for reception/KS1 children.
- To be a Camp Leader and deliverer on holiday camps.
- Support and help deliver Move More's vision and organisational goals.
- Actively promote the work and public image of the charity, by always maintaining high standards of personal appearance and adopting a friendly, professional approach to the public.
- Undertake other duties which are appropriate to the level and general responsibilities of the post.

*Please note: As this is a community based role the hours of the role will need to be flexible to suit the requirements of the programme - evening and weekend work will be required on a weekly basis.*

# PERSONAL SPECIFICATION

## KNOWLEDGE AND UNDERSTANDING

- A clear vision and understanding of how physical activity positively impacts the development of healthy lives for children and young people.
- A confident and proficient sports coach across multiple sports and activities.
- Sound knowledge and understanding of child development, health factors and how to share key, child centred messages through fun and engaging programmes.
- Knowledge of disability sport and inclusion strategies.
- An up to date understanding of the current sport and physical activity landscape and national concerns associated with health, obesity and wellbeing.

## EXPERIENCE

- Extensive experience of working with children and young people e.g. within PE lessons, after school clubs, holiday camps and community settings.
- Experience of working across a range of sports and physical activities.
- Experience of developing innovative and informed solutions to the challenges faced by children and young people, as well as supporting the ongoing motivation to sustain healthier lifestyle habits.

## QUALIFICATIONS

- A Minimum Level 2 NGB Coaching Award.
- A sports related degree or teaching qualification would be preferable.
- Evidence of professional development relevant to the role.
- Current driving license (use of own transport essential).

## SKILLS AND ATTRIBUTES

- Have a passion for the job, working with children and a drive for excellence.
- Highly motivated and able to demonstrate excellent communication and interpersonal skills that suit a range of needs and audiences.
- Strong organisational skills with the ability to prioritise and meet conflicting deadlines.
- To be flexible, creative and innovative in overcoming barriers for positive change.
- The ability to create positive working relationships with a variety of stakeholders.
- The ability to work independently and as part of a team.
- A desire and passion to make a real difference to the lives and life-chances of children and young people.
- Proficient user of databases and Microsoft Office packages.
- Willingness to take on coaching based projects as they arise throughout the year.

# MOVE MORE STAFF BENEFITS

As well as having a positive impact on children and working for one of the largest children's physical activity providers in Gloucestershire, Move More Staff also have the following benefits:

- 6% employer pension contribution (employees contribute 2%)
- Perkbox membership - employee discounts at a wide range of stores as well as access to free counselling and wellness sessions.
- Cycle to Work Scheme
- 50% off Move More Camps for 2 children of your choice
- Mileage costs covered at 45p per mile
- Free Canterbury Move More uniform
- 25 days annual leave + bank holidays
- Sick pay
- Professional development opportunities
- Move More laptop

## HOW TO APPLY

Please apply using the official application form. This can be downloaded at: <https://www.move-more.org/get-involved/vacancies/>

CVs will not be considered.

For further information regarding the role, please contact [info@move-more.org](mailto:info@move-more.org) and a member of the team will be in touch.

Applications should be sent to [info@move-more.org](mailto:info@move-more.org) or via post to: Move More, All Saints Academy, Blaisdon Way, Cheltenham, GL51 0WH

## TIMELINE

Closing date: This is a rolling recruitment process, candidates will be assessed for interview as soon as they apply. Interviews dates will be agreed upon application.

TO FIND OUT MORE ABOUT US GO TO:  
[WWW.MOVE-MORE.ORG](http://WWW.MOVE-MORE.ORG)

